

The team is happy that you are making this Kairos Retreat. This information sheet will help you prepare for the retreat and facilitate the smooth running of the retreat.

1. The retreat will be held at Colombiere Center a Jesuit Retreat House, 9075 Big Lake Road, P.O. Box 139, Clarkston, MI 48347. (248) 625-5611.
2. You will be leaving St. Mary's Preparatory at 3:30 p.m. sharp on Tuesday. For this retreat we all will travel together from St. Mary's Preparatory to Colombiere Center by school bus. All candidates should be in the Moose room at 3:15 pm sharp. You will return to school on Friday afternoon around 4:00 p.m. Please do not make any commitments that evening before 6:00 p.m. If you drive a car to school please leave it in your parking space. It would be advisable to be dropped off so your car is not left in the school parking lot for an extended period.
3. Be sure to submit your permission form and payment by Friday March 3, 2017.
4. Bring along casual, comfortable clothes, including jeans and sweats for inside and outside wear. Also, bring a pair of outdoor shoes. You may want to bring warmer clothes for any outdoor activities that we may have depending on weather.
5. This is a four-day retreat, so bring enough clothes, especially socks and underwear, for the four days.
6. Bring toiletries that you will need. Towels and bed linens are provided. Remember things like toothpaste, comb, shower shoes, deodorant and other things you feel you will need.
7. Do not bring any textbooks; you will not have time to do any homework. You are responsible for all assignments, see your teachers beforehand, or have a classmate record the assignments for you.
8. Please bring along **snacks** to share with the whole group, usually homemade cookies, brownies, chips, Gatorade/waters. They will be put out during the retreat for all retreatants to share.
9. Any radios, watches, cell phones, pagers, magazines, and novels, etc. should be left at home because they will not be needed during the retreat. Personal CD players, acoustic guitars and other instruments are welcome.
10. Use of telephones is not permitted during these four days. Please do not plan to call anyone, or have anyone call you.
11. This is a school-sponsored function; the *St. Mary's Preparatory Honor Code is in effect*. With this in mind, there are to be no drugs, nicotine, beer, or liquor on the retreat. This would be a most serious offense punishable by suspension or greater. Do not spoil it for yourself and for all the other people who are taking part in this program or wish to take part in the future. Anyone who chooses to violate these rules will be sent home immediately. Your parents will be called and, if they cannot pick you up, you will be sent home at your parent's expense.

Kairos Retreat Rules

In addition to the General Rules, the following rules will be strictly enforced:

1. Food and drinks are permitted only in lounges. **Anyone with food in his room will be sent home.**
2. Retreat participants are only allowed in certain areas of the buildings. Please stay out of other groups' areas and do not enter areas that are off limits. The elevator is off limits.
3. No phone calls except in emergencies. Have parents call Mr. Sheena at (248) 303-5823.
4. Leave all valuables at home. All watches will be collected, so leave them at home.
5. Report all damage immediately.
6. No drugs or alcohol.
7. Keep silent in the sleeping area. Use small group rooms or the talk room for late night conversations.
8. Please respect the property of Colombiere Center, such as fire extinguishers, soap dispensers, toilet paper fixtures.
9. Participants are expected to be on time and awake for all activities.
10. Remember academic eligibility requirements per your student handbook and Honor Code.
11. Make sure you participate in all activities; this is the only way to get results from the retreat. Have fun!

The Kairos Retreat Team thanks you for taking this opportunity to join us and to spend some time in getting to know yourself, others and God better.

A reminder:

This is a God- and Christ-centered retreat. All the activities and presentations presume you believe in God. If you have trouble with this please excuse yourself from the retreat.

Dear Parents,

Your son is invited to participate in St. Mary's KAIROS Retreat program. The word "KAIROS" means "the Lord's Time." It is a special time, which extends from **3:30 p.m. on Tuesday, March 14, 2017 until 4:00 p.m. Friday, March 17, 2017.**

This KAIROS Retreat will be held at Colombiere Center, 9075 Big Lake Road, P.O. Box 139, Clarkston, MI 48347-0139. The telephone number of the retreat center is (248) 625-5611. In case of emergency, ask for Mr. Sheena or call his cell phone at (248) 303-5823.

During the Lord's time a team of students and faculty members will guide talks, lead discussions and activities, and celebrate the Eucharist with the participants. This means the persons who attend must come with the basic desire to listen and participate. With that understanding, this application is an invitation and should not represent pressure on anyone to attend.

The cost of the retreat is \$210.00, which includes overnight accommodations and nine meals. **Please submit \$210.00 in cash or check (made out to St. Mary's Prep) by March 3, 2017.** If necessary, the fee may be paid in installments. If there is a financial concern, please feel free to call Mr. Marcus Sheena at (248) 303-5823 or you can reach him by email at msheena@stmarysprep.com as there may be limited scholarship money available.

Parent Permission

I hereby give my permission for my son to participate in the KAIROS retreat and I also give him permission to make use of the transportation supplied by St. Mary's Preparatory.

Father's Signature: _____

Mother's Signature: _____

This reservation must be returned to Mr. Marcus Sheena in the Campus Ministry office
By Friday, March 3, 2017 with payment of \$210.
Please make **checks payable to St. Mary's Prep.**

Student Name: _____ Grade: _____

Student Cell Phone: (____) ____ - _____

Parent E-Mail Address: _____

Father Work Phone: (____) ____ - _____ Cell: (____) ____ - _____

Mother Work Phone: (____) ____ - _____ Cell: (____) ____ - _____

Emergency contact person: _____ Phone: (____) ____ - _____

Student Signature: _____

The retreat aims to provide an experience of the Christian faith, to live in community, and to experience the support and openness of others.

Specific goals are:

1. to invite the young person to live his faith
2. to develop Christian leaders
3. to provide the opportunity for the individual to reflect on his life and relationships with self, others and with God; to see the power of love working in these relationships
4. to come to an understanding of how Christ fits into his life
5. to experience personal prayer, reflection, and group prayer along with the Sacraments of Eucharist and Reconciliation
6. to give the student the experience of Christian community; within the community experience, the hope is that each individual is accepted and respected for who he is
7. to help the student come to appreciate and value himself; along with this comes the appreciation of the people in his life who make life meaningful
8. to promote effective communication between the student and those who are important in his life

KAIROS Retreat Program –

First Day:

The theme of the first evening of Kairos is "Who am I?" The retreat focuses on "getting to know oneself," and getting to know those on the retreat. This is the introduction to Kairos; it is a transition from school to the retreat itself.

The atmosphere is relaxed and everything is done to make the retreatants feel welcome and comfortable. It is natural that the retreatants would be apprehensive and it is the role of the leaders to be good hosts, offering hospitality and enthusiasm to the retreatants.

Second Day:

The theme of this day is "Who is Jesus in My life?" The idea is that Jesus reveals God's goodness and love in our lives. The day invites all to experience this goodness and love in their own lives. The talks center on the experience of goodness and love in our lives. Even in difficult and trying times, God's love is present to us. The aim is to have love come alive in the love expressed by others for them.

Third Day:

"What is Christ's message for me?" and "What is my response to Christ's message?" are the themes of the third day. The talks and activities invite the retreatants to consider taking the message of love and making it concrete in their lives. The dynamic is that the examination of one's life and one's relationships, added to the realization of love powerfully present in one's life (realizing that you are, indeed, loved), moves the participant to make a difference in his life. By this time, the small groups have become close.

Fourth Day:

The "Fourth Day" is living the message of Christ. The retreatants are invited to put into practice the lessons of love, openness, forgiveness, and reaching out to others. Living the message of Jesus is reaching out to others.